

# WORKSHOP OF PHOTOGRAPHY FOR SENIOR/ELDERLY PEOPLE

A PROJET

WHATEVER YOU DO,  
DO IT WITH  
PASSION

KISS

K.

I.

S.

S.

KEEP

IT

SIMPLE

STUPID

# AGEING POPULATION

- The ageing population in developed countries is growing in an unstoppable way.
- Many people feel fear of becoming a burden for their own families and lose an independent existence.
- they do not want to be heavy load for the younger generations, the work market, the health system. But society has to provide them with a decent living standard after retirement

# Ageing/elderly people deserve:

- Health and independence as long as possible.
- Feel useful in our society because their experience and knowledges are precious.
- To get access to a wide variety of cultural experiences.
- And cultural activities lead to....

# LOOK FOR BEAUTY

- Beauty?
- What is that?
- Does beauty really exist?
- Where is it such a rare thing?
- What is the opposite of Beauty?

# ENJOY BEAUTY

- Music: concert halls, streets, at home, on spotify...
- Painting and sculpture: museums, galleries, private collections...
- Literature: Essays, novels, poetry...
- Nature



# TECHNOLOGY OF INFORMATION AND ARTIFICIAL INTELLIGENCE

- Internet is a wonderful tool for having access to museums, concert halls, etc. Many of them for free.
- It is very important, vital, should say, to manage a basic knowledge of the new technologies: computers, laptops, smartphones, tablets. etc.
- Google and other browsers give us all kind of information, links, manuals, etc.
- But bear in mind that all these machines learn from your behaviour.
- There is too, tons of rubbish. Avoid it. Do not waste your time.

# The art of photography

- It is one of the way we can enjoy beauty.
- We learn to see in a new or different way.
- Photography, etymologically means 'write with light'
- So important to value the light.

NOW, HAVE A LOOK!



London: Two workers doing a hard and danger work.



Tate Modern: People having a a cup of tea with and enjoying the view



Notting Hill.



We must be aware of the climate change. Today every citizen is a journalist



Next to the Royal Albert Hall. Prom Concerts. A cellist having a break.





Boring? Me? Well, just a bit to be honest



Seine River. These guys were filming a documentary. The girl was 'very excited'



Odd position!!! What are they looking?



Cádiz, southern Spain. Training ship sailing bound to South America



Escribe un pie de foto.



Juan Sebastián de El Cano. Spanish Armada Training Ship



Bollard at Algeciras. Cádiz. Southern Spain.



Thick and huge ropes tie the ship to the dock





The seem the perfect couple. Really? Is anybody sure?



Granada University students burning energy playing rugby.



Granada. Erasmus students. A crowded selfie. They look very happy.



Granada. Cuesta de Gómeres at Sunset. Isn't it beautiful?



Granada. Another view at Sunset. Terrific!!



Left to right: Carlos V Emperor Palace and the Alhambra (the red)



Carlos V Emperor's Palace and Sierra Nevada covered with snow



La Alpujarra. Granada. Autumn: Nature slows down





Grass, trees, hills, foggy weather.. magic landscape.



Almond trees and a road. What there will be round the curve. Well, it depends on YOU.

# Summing up

- Photography and elderly people:
- Keep them active: physically and mentally.
- They find a way of being involved in social activities.
- It is an open door to creativity (Lightroom, Photoshop) and the technology of the information.
- Looking through the viewfinder of the camera or LCD screen, they can discover a new world full of beauty.
- Above all do it with PASSION.



DARE TO DO, TO FEEL, TO EXPERIENCE, SOMETHING DIFF  
YOU DESERVE TO BE HAPPY.  
REMEMBER. THERE IS NO 'LIFE B'  
THERE IS ONLY ONE LIFE.

THANK YOU VERY MUCH FOR COMING